

Meet Gateway's Certified Peer Support Specialists:



Bridgette: "By sharing my recovery story it provides hope for others to recover."

313-263-2404
bmelton@gchi.org

Bridgette's credentials:

- Certified Peer Support Specialist
- Wellness Recovery Action Planning (WRAP) Training
- Applied Suicide Intervention Skills (ASIST)
- Pathways to Recovery
- Self-Determination Training

Patrick: "By sharing my hopes and dreams, I hope to make a difference."

313-263-2402
plewis@gchi.org



Patrick's credentials:

- Certified Peer Support Specialist
- Change Agent
- Assertive Community Treatment (ACT) 101
- Applied Suicide Intervention Skills (ASIST)
- Fundamentals of Alcohol and other Drug Problems (FAODP)

Kalen: "I have always enjoyed helping people and making a positive difference. If you blend that with life's tribulations and training, you get a C.P.S.S."

313-263-2412
kmcgruder@gchi.org



Kalen's credentials:

- Certified Peer Support Specialist
- Applied Suicide Intervention Skills (ASIST)
- Change Agent
- Person Centered Planning/Facilitation Training



Rosalind: "Recovery is possible; if I can do it, you can do it."

313-263-2478
rroberts@gchi.org

Rosalind's credentials:

- Certified Peer Support Specialist
- Applied Suicide Intervention Skills (ASIST)
- Wellness Recovery Action Planning (WRAP)
- Supported Housing
- Infection Control Prevention

David Taylor: "Peer Specialists inspire hope and they love contact with people facing challenges."

313-263-2516
dtaylor@gchi.org



David's credentials:

- Professional Counselor License (LPC)
- Master's Social Worker Clinical and Macro License (LMSW)
- Change Agent
- System Transformation Project Coordinator
- Core Implementation Team



**Certified Peer
Support Services**

3011 W. Grand Blvd.,
Suite 2000

Detroit, MI 48202

1-800-973-GATE
(4283)

TTY: 313-875-4065

www.gchi.org



Gateway Community Health is
funded by Detroit-Wayne
County Community Mental
Health Agency

Certified Peer Support Services

The Michigan Department of Community Mental Health has established a vision and policy to transform the delivery of mental health and substance use disorder services in Michigan.

The transformation is based on a fundamental principle of recovery for individuals with mental illness / substance use disorders.

This decision is driven and supported by the Department of Health & Human Services - Center for Medicare & Medicaid Services (DHS/CMS): "Peer support services are an evidence - based mental health model of care which consists of a qualified peer support provider who assists individuals with their recovery from mental illness and substance use disorders."

Peer Support Specialists were approved as a service offered under the authority of 1915 (b) (3) of the Medicaid Specialty Services program waiver.

Providers of mental health/substance use disorder services must assure that consumers are offered a choice of peer specialists during the person-centered planning process in order to comply with state and federal funding.

Gateway Community Health, Inc. offers **Certified Peer Support Specialist** services throughout the Gateway network of providers.

Certified Peer Support Specialists are individuals who are in **recovery**, have received or are receiving public mental health services and thereby are uniquely qualified to provide expertise to support, mentor, and assist beneficiaries in achieving community inclusion, participation, independence, recovery, resiliency and productivity.

Support may be provided to individuals in key areas of need such as vocational assistance, housing assistance, services and supports planning or utilization assistance.

Certified Peer Support Specialists must meet the Michigan Department of Community Health (MDCH) specialized training and certification requirements and receive ongoing supervision.

In addition **Certified Peer Support Specialists** receive training in how to effectively tell their personal recovery story.

They receive training in "Michigan Modules" that include:

- Advanced Directives
- Person Centered Planning
- Self – Determination
- Housing
- Employment

Certified Peer Support Specialists follow a code of ethics developed by peers to address standards of professional conduct and address conflicts of interest. The code of ethics promotes ideas like self determination, active pursuit of recovery, privacy & confidentiality, non discrimination, promoting dignity and respect, and continuing their own recovery.

Certified Peer Support Specialists are expected to obtain continuing education in the areas of health & wellness, recipient rights, trauma informed care and specific models of recovery planning such as Wellness Recovery Action Planning (WRAP) or Pathways to Recovery.

To find out more about **Certified Peer Support Specialist** services contact your primary Mental Health/Substance Use Disorder service provider or Gateway Community Health, Inc. at: 313-262-5050.

Gateway Community Health . . .

Mission Statement: Gateway Community Health will ensure access to a contracted network that provides comprehensive, culturally competent mental health and substance abuse services for children, adults, seniors and their families. These services will support recovery, independence, collaboration and empowerment within the home and community.

Vision: As an innovative mental health leader, Gateway Community Health will provide access to the highest quality care and accessible services in an efficient, consumer-focused manner. Meaningful opportunities will be available for consumers to have input into their recovery, the network and its providers' operations.

Values: The corporate values governing GCHI's development include the following:

- Highly skilled, competent staff, utilizing evidence-based practices (EBP)
- Recovery focus promoting hope, healing, empowerment and decreasing stigma of mental illness
- Consumer driven environment which includes their involvement in planning and evaluation of their services
- Quality driven process throughout the organization
- Respect for all communities, cultures, ethnic populations
- A person's right to self-determination and choice
- Acting with honesty and integrity, the essential ingredients of trust
- Access to mental health and substance services in a safe, healthy and caring environment
- Gateway Community Health operates in accordance with the highest standards in all relationships with consumers, funders, regulatory bodies, allied agencies/programs, and the community.

Please Note: If you are interested in finding out more about services covered by Gateway Community Health, please call 313-262-5050.

