

Meet Gateway's Prevention, Education & Outreach Staff:

Dana Parker-Mathis—Specialist

Ms. Mathis joined Gateway Community Health in 2008. Ms. Mathis finds great professional fulfillment in her duties as a conduit for The Northeast Drop-In Center (NEDO), where she assists in structuring and facilitating services provided by NEDO. Ms. Mathis is the Editor of the Gateway Consumer Advisory Board Newsletter and participates regularly in various council and committee meetings. Ms. Mathis received her Bachelor of Arts in Behavioral Sciences at The University of Maryland. She lived in Paris, France where she earned a Paralegal Certificate in International Trade Law from The American University of Paris. Ms. Mathis has completed a Masters of Arts degree in the Social Justice Program at Marygrove College and is currently a Doctoral Candidate.

Robert Spruce—Assistant

Mr. Spruce is a graduate from Eastern Michigan University with a Bachelor of Arts in Social Work. He joined Gateway Community Health in 2007 as a Prevention, Education and Outreach Assistant. He assists in producing the Gateway News, participates in outreach activities and plays an integral part in scheduled committee meetings. One of the events that Robert worked on is the "We Are Family Picnic" where he served as the Chairman of the Activities Committee. His face will always be visible due to his role as the facilitator of Grievance and Appeals trainings for those who receives services in the Gateway Community Health Network.

LaDonna Terrell—Assistant

Ms. Terrell participates in several committees, councils and board activities. She has produced Gateway's residential department brochures for its Adult Foster Care Homes and Semi-Independent Living program for community wide distribution. Ms. Terrell served as Chair for the welcoming and registration 2008 "We are Family" committee. She received her Michigan real estate Broker's License in 1992 and formed "Eastside Real Estate Service", where she supervised several agents over the years.

Mary Ann Bozenski—Manager

Ms. Bozenski joined Gateway in 2005. As PE&O Manager she is responsible for supervising PE&O Staff. She organizes and coordinates the Gateway Consumer Advisory Board. She facilitates the Newsletter Committee which is consumer driven and produces a quarterly newsletter. Since working at Gateway, Ms. Bozenski has helped plan the Annual Consumer Awards Banquets, conferences by consumers for professionals, and the "We are Family" Annual Picnics. She is Chairperson for the Consumer Family Advocate Council (CFAC) of D-WCCMHA and was President of the Depression & Bipolar Support Alliance (DBSA) Metro Detroit for six consecutive terms. Ms. Bozenski is a primary and secondary consumer and an advocate. She has a Bachelor of Science with a major in psychology from WSU and a Master of Social Work from the U of M (Ann Arbor).

Evelyn C. Thomas, ACSW, LMSW

Ms. Thomas is a graduate of Wayne State University School of Social Work and licensed by the State of Michigan. She has worked in the mental health field for over 25 years and currently is the Director of PE&O at Gateway Community Health. Her past employment experiences include Community Case Management and Detroit Psychiatric Institute.



**Prevention,
Education
&
Outreach**

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Prevention, Education & Outreach

MISSION

Prevention, Education and Outreach (PE&O) activities are designed to assist covered persons who exhibit, or who are at risk for developing, behavioral health symptoms, side effects, or disorders. As a department within Gateway Community Health, PE&O is also an entity that structures and develops initiatives that will eliminate social stigma and discrimination, as much as possible, for persons with serious mental illness, serious emotional disturbances, and substance abuse disorders. Further, PE&O attempts to create and ensure an environment conducive to primary, secondary and tertiary prevention, which includes the promotion of wellness and solution-based practices and activities that encourage recovery and self-determination.

Each word in our departmental title addresses an area in which we wish to initiate and sustain the recovery process in the lives of peers.

PREVENTION

The development of targeted programming encourages collaboration, mutual support and camaraderie among consumers, thus creating an environment whereby consumers are able to participate and assimilate with their peers. Each year in America over 30,000 people commit suicide, 1 person every 17 minutes, and 70% of those people tell someone or give warning signs before they take their own life. To encourage continued recovery and prevent relapse Gateway Community Health began a Suicide Prevention Initiative Project in an attempt to help decrease the suicide rate in Wayne County.

EDUCATION

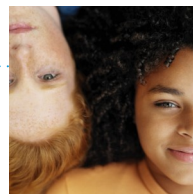
Personal growth and development is at the helm of our mission. The availability of opportunities for participation are numerous; The Consumer Advisory Board (CAB), service committees, conferences, workshops and seminars, Annual Picnic and Awards Banquet are all educational opportunities for consumers to exercise and develop team-building skills, demonstrate individual achievement and experience opportunities for leadership.

OUTREACH

In an attempt to evoke systemic change in the lives of individuals diagnosed with psychiatric disabilities, our mission to meet the consumer where they are in the process of recovery provides opportunities that will increase not only their skills, but also allow each consumer the venue to participate alongside peers.

We have embarked upon a path that may present obstacles or challenges, however, we believe that if a consumer is given the proper support and guidance each will experience a fulfilling and rewarding life. We invite you to enjoy with us to make a difference.

Please Note: If you are interested in finding out more about services covered by Gateway Community Health, please call 313-262-5050.



Mission Statement

GATEWAY COMMUNITY HEALTH will ensure access to a contracted network that provides comprehensive, culturally competent mental health and substance abuse services for children, adults, seniors, and their families. These services will support recovery, independence, collaboration and empowerment within the home and community.

Vision

As an innovative mental health leader, Gateway Community Health will provide access to the highest quality and assessable services in an efficient, consumer-focused manner. Meaningful opportunities will be available for consumers to have an Input into their recovery, the network and its providers' operations.

Values

The corporate values governing GCHI's development including the following:

- Highly skilled, competent staff, utilizing evidence-based practices (EBP)
- Recovery focus promoting hope, healing, empowerment and decreasing stigma of mental illness
- Consumer driven environment which includes their involvement in planning and evaluation of their services
- Quality driven process throughout the organization
- Respect for all communities, cultures, ethnic populations
- A person's right to self-determination and choice
- Acting with honesty and integrity, the essential ingredients of trust
- Access to mental health and substance abuse services in a safe, healthy and caring environment
- Gateway Community Health operates in accordance with the highest standards in all relationships with consumers, funders, regulatory bodies, allied agencies/programs, and the community.